

*Curriculum Vitae*

1) **Personal Information**

**Name:** Trista Reid

**Business Address:** 101 Manning Drive, 4008 Burnett Womack Bldg CB 7228  
Chapel Hill, NC 27599

**Tel.** (610) 348-5135 **Email:** trista\_reid@med.unc.edu

2) **Education**

**2005-2010 University of North Carolina School of Medicine**

Chapel Hill, NC

M.D., **Graduated with Distinction**

**2007-2008 University of North Carolina School of Public Health**

Public Health Leadership Health Care and Prevention Masters Program  
Focus on Program Development and Education

Chapel Hill, NC

M.P.H. **Graduated with Honors**

**2000-2005 Johns Hopkins University**

Baltimore, MD

B.A. in International Relations, Minor in Spanish Language

**Graduated with Honors**

3) **Training**

**2015-2016 Stanford University Surgical Critical Care Fellowship**

Stanford, CA

**2010-2015 University of North Carolina General Surgery Internship and Residency**

Chapel Hill, NC

4) **Hospital Appointments**

**8/8/2016-present UNC General & Acute Care Surgery Assistant Professor**

5) **Licensure/Certification**

**State of California Medical License (active)**

**State of North Carolina Medical License (active)**

**State of North Carolina DEA (active)**

**Federal DEA (active)**

**American Board of Surgery Certification, Oct 2015**

**American Board of Surgery Surgical Critical Care Certification, Sept 2016**

6) **Honors**

**2017 Rookie of the Year Faculty Award**

**2014-2015 Administrative Chief**

**2011, 2015 Kaiser Permanente Excellence in Teaching Award**

**2014 WakeMed Surgery Resident of the Year**

**2014 WakeMed Midlevel Recognition Award**

**2011, 2015 In-service Award ABSITE performance**

- 2010**            **George F. Sheldon Award**  
Award for academic and clinical achievement, and leadership in general surgery
- 2009**            **Alpha Omega Alpha during junior year**
- 2009**            **Co-President** Eugene S. Mayer Community Service Society
- 2008**            **Advisory Board** Eugene S. Mayer Community Service Society
- 2007-2008**    **Student Body Vice President Community Service** Whitehead Medical Society
- 2007**            **Community Service Coordinator for CAMPOS**, the School of Medicine  
Spanish program
- 2006-2007**    **Medical Alumni Association Mary Dale Graham Bender Loyalty Fund**  
**Scholarship**  
Full tuition awarded based on academics and service to school and community.
- 2006**            **North Carolina Academy of Family Physicians Annual Conference Best**  
**Research Poster**

## 7) Professional Organizations/Society Involvement

- 2017**            **Society of Critical Care Medicine**, member
- 2016**            **Association for Academic Surgery**, member
- 2014-present**    **American College of Surgeons**, Candidate member
- 2013-present**    **Association of Women Surgeons**, Candidate member
- 2009-2010**      **Frank Porter Graham Honor Society**
- 2007-2010**      **John B. Graham Research Society**
- 2006-2010**      **Eugene S. Mayer Community Service Honor Society**

## 8) Bibliography

### A) Peer-Reviewed Publications

- Reid TD**, Strassle P, Gallaher J, Grudziak J, Charles AC. Anatomic location and mechanism of injury correlating with pre-hospital deaths in sub-saharan Africa. *World Journal of Surgery*. Submitted.
- Knowlin L, **Reid TD**, Williams F, Cairns BA, Charles AG. Burn injury mortality in patients with Preexisting Cardiovascular Disease. *Burns*. 2017. In press.

### B) Non-Peer-Reviewed Publications

- Snyder, TD**. Proyecto Puentes de Salud: Implementation of Cardiovascular Screening in Rural Mexico Program and Evaluation Plan. UNC School of Public Health Masters Collection 2008. UNC Chapel Hill, NC, June 2008.

### C) Book Chapters

- Reid, TD**, Spain DA. Acute Respiratory Distress Syndrome. Surgical Critical Care Therapy: A Clinically Oriented Practical Approach. New York, NY: Springer Science. 2017. In press.
- Reid TD**, Spain DA. Prehospital management of the trauma patient. Cameron JL, Cameron AM (12<sup>th</sup> Ed.) Current Surgical Therapy. Philadelphia, PA: Elsevier Saunders. Dec 2016. In press.

## 9) Presentations

## A) Meeting Presentations

1. **Snyder TD.** Evaluating and Improving *Proyecto Puentes de Salud: an International Medical Experience*. Society of Teachers of Family Medicine Annual Conference, Denver, CO, April 2009. Poster Presentation.
2. **Snyder TD.** Evaluating and Improving *Proyecto Puentes de Salud: an International Medical Experience*. NC Academy of Family Physicians Annual Conference, Asheville, NC, Dec. 2008. Poster Presentation.
3. Olson KA, Temming LA, Clover CR, **Snyder TD**, Nanney AD, Nelligan IJ, Rollins AL, Skinner BD, Frasier PY, Cohen MG. Cardiovascular Risk Factors in Rural Mexico: Results from the Proyecto Puentes de Salud. World Congress of Cardiology, Buenos Aires, Argentina, May 2008. Abstract.
4. Cohen MG, **Snyder TD**, Nanney AD, Nelligan IJ, Rollins AL, Reuland D, Skinner BD, Frasier PY, Rojas F. Prevalence of Cardiovascular Risk Factors in Rural Mexico: Results of the Puentes de Salud Project. AHA 8th Scientific Forum on Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke, Washington D.C., May 2007. Poster Presentation.
5. Cohen MG, , Nanney AD, **Snyder TD**, Nelligan IJ, Rollins AL, Reuland D, Skinner BD, Frasier PY, Rojas F. Prevalence of Cardiovascular Risk Factors in Rural Mexico: Results of the Puentes de Salud Project. 47th Annual Conference on Cardiovascular Disease Epidemiology and Prevention, Orlando, FL 2007. Abstract.
6. **Snyder TD.** Proyecto PS: An exploration of Cardiovascular Health and Risk Factors in Rural Mexico. John B. Graham Research Society, Chapel Hill, NC, Jan. 2007. Poster Presentation.
7. **Snyder TD.** Proyecto PS: An exploration of Cardiovascular Health and Risk Factors in Rural Mexico. North Carolina Academy of Family Physicians Annual Conference, Asheville, NC, Dec. 2006. Poster Presentation.
8. **Snyder TD.** A Tutoring Program for Struggling Teens. Eugene S. Mayer Society, Chapel Hill, NC, Feb. 2006. Poster Presentation.

## B) Invited Talks/Presentations

1. **Reid TD.** "Sedation in the ICU." UNC General Surgery Grand Rounds. Oct 8, 2014. Oral Presentation.
2. **Reid TD.** "Impact of the 80-hour Work Week on Mortality and Morbidity in Trauma Patients." UNC General Surgery Grand Rounds. July 10, 2013. Oral Presentation.
3. **Snyder TD.** 1360 WHCL radio show. *Here's to Your Health*. Discussion on medical student roles in community service. Chapel Hill, NC. Nov 29, 2008.
4. **Snyder TD.** "Proyecto PS: Project Health Bridges." University of North Carolina Dean's Lunch. Chapel Hill, NC, Oct. 2007. Oral Presentation.
5. **Snyder TD.** "Proyecto PS: Project Health Bridges." Duke University & Hubert Yeargan Center for Global Health, Durham, NC, Jan. 2007. Oral Presentation.
6. **Snyder TD.** "Proyecto Puentes de Salud Research Findings." University of North Carolina Family Medicine Grand Rounds, Chapel Hill, NC, Dec. 2006. Oral Presentation.

## 10) Other Products of Scholarship/Program Development

1. **Established UNC Advanced Surgical Skills for Exposure in Trauma (ASSET) course, 2017**
2. **Established SICU Fellowship Ultrasound Training Course, 2017**
3. **CLABSI Prevention Quality Improvement Epic Taskforce, 2017**

4. **MD to RN Communication Improvement Project, 2015-2016**
5. **Operating Room Patient Transport Quality Improvement Project- 2013**
6. **Proyecto Puentes de Salud “Project Health Bridges” co-Founder/Leader, Data Analyst, 2006-2014**

Founding member. Student run organization that sends MS1s to Mexico to conduct cardiovascular/diabetes screenings, counseling, research, and education. Project is still operational and has sent >100 volunteers to Mexico. I wrote IRBs, applied for grants, and collected and analyzed the data after our first year in operation.

7. **The Latin American Health Initiative (LAHI), 2008- 2011**

Founded with peers from the 3 major student-run Spanish immersion programs. Research circle teaching students interested in global health about research methods, cultural competency, and health education.

8. **Malawi Surgical Initiative: Trauma Registry/Verbal Autopsy Study, 2010**

Funding Jaycee Burn Center; collected and input Verbal Autopsy data at Kamuzu Central Hospital (KCH) in Malawi with the goal of accounting for trauma related deaths not captured by the inpatient trauma registry.

9. **Program Evaluation of Proyecto Puentes de Salud Using Qualitative Focus Groups, 2008**

UNC Family Medicine Departmental Small Grant to conduct focus groups with stakeholders involved in PPS. I drafted a protocol, wrote the IRB, set up focus groups, and analyzed the data. Stakeholder perception were used for quality improvement of the program.

10. **Proyecto Bienestar Volunteer Coordinator and Quality Control, 2006-2007**

Cardiovascular screenings, counseling, and health risk profiles to Spanish-speakers in Siler City, NC.

## **11) Teaching Activities**

### **A) Lectures**

#### **i. Faculty**

1. **Lecturer.** “FAST and eFAST.” UNC Trauma and Critical Care Conference. Chapel Hill, NC. Sept 5, 2017.
2. **Lecturer.** “Acute Respiratory Distress Syndrome.” UNC Trauma and Critical Care Conference. Chapel Hill, NC. April 4, 2017
3. **Lecturer.** “Injuries to the CNS.” UNC Junior and Senior Resident Teaching Conference. Chapel Hill, NC. March 8, 2017
4. **Lecturer.** “Trauma ABSITE Review.” UNC Junior and Senior Resident Teaching Conference. Chapel Hill, NC. Jan 18, 2017
5. **Lecturer.** “Pancreatitis.” UNC Trauma and Critical Care Conference. Chapel Hill, NC. Jan 3, 2017
6. **Lecturer.** “Necrotizing Soft Tissue Infections.” UNC Trauma and Critical Care Conference. Chapel Hill, NC. Dec 6, 2016.
7. **Lecturer.** “Shock.” UNC Junior Resident Teaching Conference. Chapel Hill, NC. Nov 9, 2016.
8. **Lecturer.** “Shock.” UNC Senior Resident Teaching Conference. Chapel Hill, NC. Oct 26, 2016.
9. **Lecturer.** “GI Surgical Patient: Lower GI and Pediatrics.” UNC PA Surgery Course. Chapel Hill, NC. Oct 6, 2016.
10. **Lecturer.** “Diverticulitis.” UNC Trauma and Critical Care Conference. Chapel Hill, NC. Sept 20, 2016.

11. **Lecturer.** "GI Surgical Patient: GI Bleeding." UNC PA Surgery Course. Chapel Hill, NC. Oct 3, 2016.

**ii. Fellowship**

1. **Lecturer.** "Pancreatitis." Stanford Trauma and Critical Care Conference. Stanford, CA. Feb 26, 2016.
2. **Lecturer.** "Extremity Compartment Syndrome." Stanford Trauma and Critical Care Conference. Stanford, CA. Nov 13, 2015.
3. **Lecturer.** "Necrotizing Soft Tissue Infections." Stanford Trauma and Critical Care Conference. Stanford, CA. September 18, 2015.

**iii. Residency**

1. **Lecturer.** "Acute Compartment Syndrome." WakeMed Trauma and Orthopaedic Conference. Raleigh, NC. March 7, 2014.
2. **Lecturer.** "Management of Early Postoperative Bowel Obstruction." UNC GI Medicine-Surgery Conference. Chapel Hill, NC. Jan 14, 2014.
3. **Lecturer.** "Drotrecogin Alfa (Activated Protein C) in Adults with Septic Shock, the PROWESS-SHOCK Trial." UNC General Surgery Journal Conference. Chapel Hill, NC. Jan 24, 2013.

**B) Other Teaching Activities**

**i. Faculty**

<b>Feb 2017</b>	<b>Surgery Oral Boards Resident Review</b>
<b>Aug 2017</b>	<b>UNC Mock Orals</b>
<b>2017- present</b>	<b>Acute Care and General Surgery Medical Student Evaluator</b>
<b>2017- present</b>	<b>SICU Fellowship Ultrasound Course Director</b>
<b>2017- present</b>	<b>Advanced Surgical Skills for Exposure in Trauma (ASSET) Course Director</b>
<b>2015-present</b>	<b>ASSET Instructor</b>
<b>2013-present</b>	<b>Advanced Trauma Life Support (ATLS) Instructor</b>

**ii. Fellowship**

<b>2015-2016</b>	<b>Trista Reid, Fred Mihm. "Chest Tube insertion and Central Line placement."</b>
	Surgical Procedure Technique Teaching Videos, Stanford Database.
<b>2015-present</b>	<b>ASSET Instructor</b>
<b>2013-present</b>	<b>ATLS Instructor</b>

**iii. Residency**

<b>2013-present</b>	<b>ATLS Instructor</b>
<b>2007-2012</b>	<b>University of North Carolina School of Medicine Tutor</b>

**iv. Medical School**

2007-2012      **University of North Carolina School of Medicine Tutor**  
2006-2007      **Co-Chief Student Advocate for MS1 class**  
2005-2010      **Founder of a Hispanic teen tutoring program**

### **C) Mentorship**

#### **i. Residents**

2017- present      Josh Herb

#### **ii. Medical Students**

2017- present      Kyle Herbert

2017- present      Clark Cunningham

2017-present      Kristen Westfall

### **12) Grants**

1. **Center for Global Initiatives (CGI)** Student Learning Circle Grant. "Latin American Health Initiative Research Circle." \$1,000 (8/2008-8/2009) (**Principal Investigator**)  
Grant to establish a lecture series for students interested in international research.
2. **Center for Global Initiatives (CGI)** C.V. Star Scholarship. "An Exploration of Cardiovascular Risk Factors Among Rural Mexicans." \$5,000 (5/2007-8/2007) (**Co-investigator**) (K Olson, Principal Investigator)  
Grant for cardiovascular research in Mexico.
3. **UNC Dept of Family Medicine.** Working with the Underserved Preceptorship. "Proyecto Puentes de Salud." \$500 (5/2006-8/2006) (Co-investigator) (A Nanney, Principal Investigator)  
Grant for cardiovascular research in Mexico.

### **13) Research Statement**

My Masters in Public Health was in Leadership, Health Care and Prevention. I focused primarily on project development and program/quality improvement. My interests lie in quality improvement in the Intensive Care Unit, research in Extracorporeal Membrane Oxygenation (ECMO), and international systems-based measures to advance health and trauma care in developing countries. I am working on assisting in the development of the ECMO program, initiating new quality control projects in the ICU, and building my resume with the goal of obtaining grant funding for trauma and ICU systems improvement in Malawi.

### **14) Teaching Statement**

My teaching role has been as a mentor and lecturer for residents and students, the medical student evaluator for the Acute Care and General Surgery Division, as well as an instructor in ATLS and ASSET courses. I lead biannual oral board reviews for the residents. My teaching goals include mentoring and involving residents in research, particularly those traveling to Malawi; participating in the weekly resident and medical student education sessions; lecturing in the School of Public Health; and teaching on rounds and in the Operating Room. I am currently developing an ultrasound course for the Surgical Critical Care fellows. As an ASSET Director, I have initiated an ASSET course at UNC to supplement resident trauma education.

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