Newt: The Maze Runner. Film character. Outside the towering stone walls that surround the Glade is a limitless, ever-changing maze. It's the only way out and no one's ever made it through alive. Everything is going to change. Then a girl arrives. The first girl ever. And the message she delivers is terrifying. Remember. Survive. The Maze Runner is a 2009 young adult dystopian science fiction novel written by American author James Dashner and the first book released in The Maze Runner series. The novel was published on October 7, 2009, by Delacorte Press, an imprint of Random House, and was made into a 2014 major motion picture by 20th Century Fox, directed by Wes Ball. Thomas wakes up in a metal elevator that brings him to the Glade. He has no memory of who he is or how he got there. He gradually discovers that the Glade is