The list below incorporates nursing assessments and interventions. Complete this self-assessment by placing an ‘X’ under the level that most accurately reflects your competency. Share this with your preceptor and clinical instructor. Key:

- **LEVEL 1**: confident – has experience with ability, requires little or no supervision
- **LEVEL 2**: need assistance – has some experience with skill, requires moderate supervision
- **LEVEL 3**: no experience with skills, requires close supervision

**Identified skill**

**LEVEL 1: confident**

- **Basic skills**: Blood pressure, Apical PULSE Rate, RADIAL PULSE RATE

**A very informative book for learning nursing skills and techniques. It will be a great help. Highly recommended.**