

Zapped: Why Your Cell Phone Shouldn't Be Your Alarm Clock and 1,268 Ways to Outsmart the Hazards of Electronic Pollution; 272 pages; 2010; 9780061864278; Ann Louise Gittleman; HarperCollins, 2010

Zapped: Why Your Cell Phone Shouldn't Be Your Alarm Clock and 1,268 Ways to Outsmart the Hazards of Electronic Pollution Hardcover © October 5, 2010. by Ann Louise Gittleman (Author). Consider your typical day: If you're like most people, it probably starts in front of your coffee maker and toaster, ends as you set the alarm on your cell phone, and involves no end of computers and gadgets, televisions and microwaves in between. We're being zapped: Today 84 percent of Americans own a cell phone, 89 million of us watch TV beamed in by satellite, and we can't sip a cup of coffee at our local café without being exposed to Wi-Fi. Zapped: Why Your Cell Phone Shouldn't Be Your Alarm Clock and 1,268 Ways to Outsmart the Hazards of Electronic Pollution. Unabridged Audiobook. Play it Free. With 30-Day Free Trial. Add to Cart. Following her New York Times bestselling books on weight loss (The Fat Flush Plan; Fat Flush for Life) and perimenopause (Before the Change), Gittleman offers another vital, pioneering work of health science for the new century. Genres: Health & Wellness >. Self Development. Similar Titles. Zapped: Why Your Cell Phone Shouldn't Be Your Alarm Clock and 1,268 Ways to Outsmart the Hazards of Electronic Pollution. by Ann Louise Gittleman. has successfully been added to your shopping cart. This title is due for release on March 28, 2017. Find many great new & used options and get the best deals for Zapped : Why Your Cell Phone Shouldn't Be Your Alarm Clock and 1,268 Ways to Outsmart the Hazards of Electronic Pollution by Ann Louise Gittleman (2010, Hardcover) at the best online prices at eBay! Free shipping for many products! A groundbreaking exposé of the hidden truths of electropollution, Zapped is the first comprehensive, step-by-step guide to counteracting the invisible hazards of everyday electromagnetic exposure. Award-winning author, nutritionist, and First for Women magazine columnist Ann Louise Gittleman combines the best of energy medicine with the latest scientific research in a user-friendly powerhouse designed to safeguard you and your family. Start by marking "Zapped: Why Your Cell Phone Shouldn't Be Your Alarm Clock and 1,268 Ways to Outsmart the Hazards of Electronic Pollution" as Want to Read: Want to Read saving! Want to Read. Gittleman delivers the first comprehensive, user-friendly guide that consolidates the latest research with a powerhouse, step-by-step guide to counteract the invisible hazards of everyday electromagnetic exposure from such things as cell phones and Wi-Fi. Get A Copy. Amazon.