

WALKING IN THE THAMES VALLEY

ISBN: **9781852845704** (Short Code: 570)

Publication Date: **November 2008**

Price: **£12.00**

Edition: **First**

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Paperback Gloss Laminated, 240 pages

17.2cm x 11.6cm

This guide book contains a collection of 25 adventurous circular walks in the Thames Valley, covering the Southern Chilterns, Berkshire, Lambourn and North Hampshire Downs, and Southern Oxfordshire, all within easy reach of Reading, Newbury, Abingdon and surrounding towns.

The walks vary in length from 10 to 18 miles and include a two-day (26 miles) weekend walk over the Lambourn Downs. All walks have a detailed route description that includes information on points of interest along the way and are accompanied by a map of the route. Ten of the walks also have shorter (around 7 to 10 miles) options detailed, for those times when you want a less strenuous walk.

Some of the walks visit the remains of Iron Age hill forts while others pass more modern features such as Wilton Windmill and the Kennet and Avon Canal. Some follow sections of the Ridgeway National Trail, while others gently meander along the banks of the River Thames. What they all have in common is that they take the adventurous Rambler to some of the best parts of the region.

Key marketing points

- A collection of 25 adventurous walks in the region
- Day-long routes to fully appreciate the countryside
- Easily accessible by car and public transport from London and the south-east

About the author

Steve Davison is a writer and photographer who has lived in Berkshire for the past twenty years. He has written for a number of outdoor magazines and other publications, including local and national newspapers, specialising in hill walking and European travel, with interests in nature, geology and the countryside. A keen hill walker and holder of a Mountain Leader (summer) Certificate, Steve has also worked as a part-time outdoor education instructor. He is a member of the Outdoor Writers and Photographers Guild.

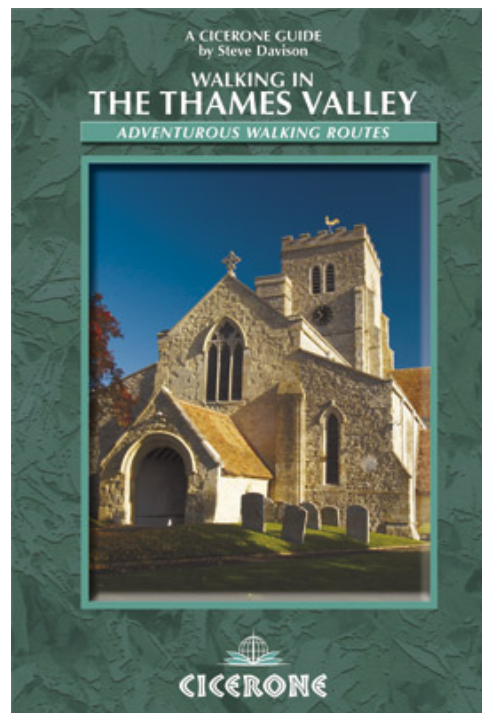
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Thames Valley - 20 Country Walks For All The Family. An exciting new gift series of walking guides, aimed at the weekend, family walker. These small-format, portable hardback books have an attractive retro feel, with nostalgic line drawings and hand-drawn maps. Steve Davison Cicerone guide to Walking in the Thames Valley is a comprehensive exploration of walking opportunities in the countryside of the Upper Thames. The countryside that the Thames flows through includes the Southern Chilterns, Berkshire, Lambourn and North Hampshire Downs and Southern Oxfordshire, all within easy reach of Reading Thames Valley. Walks List Map. Book 1, Walk 10, Beaconsfield Round 3. The Thames Path in the morning, historic Hambledon for lunch, and back via the hills above Henley in the afternoon. Short but pretty. Sunset on the Thames, Pangbourne. Henley to Pangbourne walk. 22-Oct-16 â€¢ Saturdaywalker on Flickr. Walk 23 Thames and Chilterns Meander. Walk 24 Hambledon Valley and a Royal Regatta. Walk 25 Cookham and Stanley Spencer.

APPENDIX 1 A Brief History. If you fancy a longer and more testing walk several long-distance routes pass through the Thames Valley, and all of them are visited by at least one of the walks described in this book. Chiltern Way (Walk 20). The Chiltern Way was created by the Chiltern Society as its Millennium project (officially launched in October 2000), and is based on an earlier unofficial route, the Chiltern Hundred (100 miles/161km). The Thames Valley region of England is a loose term for the counties and areas that roughly follow the course of the River Thames as it flows from Oxfordshire in the west to London in the east. The region is dotted with charming villages, cities, and towns, many of which are situated directly on the banks of the river. Consequently, the region is well-known nationally as a wonderful boating, kayaking, canoeing, and rowing destination. A single long-distance walking and cycling trail winds through the entire region, and is known as the Thames Path. It follows scenic landscapes like the Chiltern Walking in the Thames Valley offers 25 challenging circular walks around the River Thames and River Kennet in the south of England, taking in the Southern Chilterns, the Berkshire and North Hampshire Downs, Southern Oxfordshire and the eastern edge of Wiltshire. All routes are within easy reach of Reading, Newbury, Abingdon and London. While some walks visit Iron Age hill forts, others pass more modern features such as Wilton Windmill and the Kennet and Avon Canal. Some follow sections of the Ridgeway, while others meander along the banks of the Thames.