What Happened to Recess and Why Are Our Children Struggling in Kindergarten?
by Susan Ohanian
List Price: $16.95
McGraw-Hill Professional

Book Description

This book arms parents with everything they need to know to fight the pro-standards movements. Parents all across the political spectrum have united on one issue: when it comes to standardized testing, they all lean toward some kind of educational reform. Drawing on her 20 years of classroom experience and enriched by real-life anecdotes, Susan Ohanian's What Happened to Recess, and Why Are Our Children Struggling in Kindergarten? explains the misguided mania for testing children, why a child's success or failure is currently determined by a set of tests, and what parents are doing to change public policy on education.

Even children who are able test takers are hurt by the politics surrounding testing. Ohanian's moving insider's view imparts a sense of urgency about the situation of individual children caught on the front line of our treacherous education system. This beacon will inspire parents who are confused, angered, or intimidated by the forces that control their children's education to take action.

From the Back Cover

Union members, Army recruits, even trained animals get scheduled breaks during their workday. But not schoolchildren. With an increasing focus on standardized tests, many educators say there simply isn't time for fun and games. Administrators are so preoccupied with preparing children for tests, that even the concept of recess is regarded as superfluous. In fact, many schools being built today are deliberately designed without playgrounds all for the sake of standardized tests.

What Happened to Recess and Why Are Our Children Struggling in Kindergarten? spells out the present obsession with standardized tests and arms parents with the knowledge they need to take an active role in combating it. From California to Chicago to New York, teachers have complained for years that they "teach to the tests, not to the children." Rather than a child's ability to learn, his or her ability to take tests is what teachers are forced to evaluate throughout the country. Drawing on her twenty years of classroom experience, author Susan Ohanian argues that the present boot-camp mentality of educators is cruel and counterproductive. Children are not soldiers, she points out, and teachers are not drill sergeants; education is a process, not a commodity.

Filled with actual classroom anecdotes, this book begins by explaining the manic rush to form children into productive components of the global economy. The author documents the grueling tests (some going on for five days), the fear and exhaustion children experience as a result, and how the final evaluations are often dead wrong. She then describes in detail the forces behind the pro-Standards movement, which often place political and business interests above those of the children's education. Finally she advises parents on how to fight
against this. Teachers and administrators will also find this book a valuable source for explaining Standards issues to parents.

On the subject of education, conservatives and liberals alike are finding themselves in similar territory; parents of all stripes are joining together in an increasingly powerful grass-roots effort to combat the pro-Standards movement. Well-informed, highly readable, and often comical, What Happened to Kindergarten educates parents so they can make sure their kids are taught not merely evaluated.

Education or evaluation?
How parents can combat the pro-Standards movement

"Kids enter kindergarten identified as deficient in skills that weren't even introduced to kids a decade ago." So says Susan Ohanian, author of What Happened to Recess and Why Are Our Children Struggling in Kindergarten? In the mad rush to whip young children into shape for an increasingly competitive global economy, the political and business elite have determined standardized tests to be the right tool for the job. While standards are higher than ever, children deemed unable to meet them are valued less than ever. The result? The process of educating is giving way to a reckless method that more resembles military training. The need for change is urgent.

Many parents and teachers are united in their effort to fight the pro-Standards movement. With twenty years of teaching experience, author Susan Ohanian describes the problems behind much standardized testing, and educates parents and teachers on how to fight the trend. Filled with actual stories from the classroom, What Happened to Recess is both a poignant commentary on the present state of our children's education and a useful tool to help the adults change it.

Chapter Descriptors

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This document is available at:
Many children have the social, physical, and rudimentary academic skills necessary to start kindergarten by 5 or 6, but for kids who are born just before the cut-off date or who are experiencing a slight delay, it may be better to wait a year. The needed skills aren’t limited to just academics, it also includes the level of self-sufficiency the child is expected to have attained. Historically, the starting age for kindergarten has varied widely. In the past five years, both states and districts have pushed the minimum age to start kindergarten up so that more and more kids are at least 5 years old when they start school. K in our state, have children 5 before or on Sept 1st, start K. I have had some parents hold their child who turn 5 on the last 2 weeks of August. Kindergarten science allows children to explore the world around them to a greater degree, with very little specific focus. Social Studies. In social studies, your child isn’t going to be learning much about history. Teachers are likely to focus on helping your child interact with others, including memorizing important personal information. Kindergarten is an essential time to help children learn and understand the basics of the world around them. They will start to read, count, ask questions, and even understand their communities better. Parents can enjoy this time of rapid growth and learning by becoming involved in their child’s studies. Focus on making learning fun this year instead of drilling children on math facts. The kindergarten plan to meet the educational needs of children between the ages of four and six or seven through the agency of play thereafter gained widespread acceptance. During the 25 years following Froebel’s death in 1852, kindergartens were established in leading cities of Austria, Belgium, Canada, Germany, Great Britain, the Netherlands, Hungary, Japan, Switzerland, and the United States. In Great Britain the term infant school was retained for the kindergarten plan, and in some other countries the term crèche has been used. Herbart. Johann Friedrich Herbart was a contemporary of Froe Explains how an increased focus on standardized testing has caused schools to cut recess and play time for children, leading to increased stress, less applied learning, an more fear and exhaustion in children. Training the National Guard way -- Maybe college shouldn’t begin in kindergarten -- Child abuse: test absurdities and outrages -- One shoe in the chicken coop: keeping an eye on what really counts -- The global economy smokescreen and the rest of the story -- Ask the experts: should the fox be in charge of the henhouse? What Happened to Recess and Why is My Child Struggling in Kindergarten? will analyze the mania for testing children, explaining why a child’s passing from fourth to fifth grade, or receiving a high school diploma, depends upon a set of tests. The book will also explain what parents who are joined in grass roots movements around the country are doing to empower themselves, change public policy on education, and protect their children. The audience is parents who want an insider’s view of the educational system, and teachers and administrators who want to know how to explain these issu