She is also an associate professor at the Mayo Clinic College of Medicine and Science. As a mother of four, Dr. Wick calls upon both a mother's perspective and three decades' worth of extensive medical training to provide indispensable insight for moms and moms-to-be. Customers who viewed this item also viewed. The book is better than others in the sense that it provides more medical explanations to prepare you to pregnancy (it does not just give the stereotypical advice that baby is now 10 inches tall so time to paint the nursery) but I was looking for more detail (what is exactly happening? How is the placenta forming?) Mayo.” “Mayo Clinic,” “MayoClinic.org,” “Mayo Clinic Healthy Living,” and the triple-shield Mayo Clinic logo are trademarks of Mayo Foundation for Medical Education and Research. This site complies with the HONcode standard for trustworthy health information: verify here.