The Discipline Book: How to Have a Better-Behaved Child From Birth to Age Ten

By Martha Sears

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I thought this book was helpful but I get a little frustrated with Dr. Sears at times. Every solution begins with "practice attachment parenting." I get it, and if I had to name a parenting philosophy that we follow, this would be the closest one. My husband and I both worked with this book from ages 1 to 10. I loved looking at the father and son photo on the cover. The child is looking at the world with his Dad right there with him. Children's fears. How to deal with them. Everyone is afraid of something and it does not depend on age. Fear is quite natural and predictable reaction to stimulus that our subconscious mind sees as a threat. But if we overcome our fears we can then kiddies, it's still pretty difficult. How to identify fear? It is best to talk with your child about what he's afraid to ask them to draw or write a story with you as the main character. If he starts to tell a scary story, it is better to give to get fancy in another direction â€“ ask the child to complete it positively and come up with a good ending, where the child comes out the winner. Fears for all ages. To overcome children's fears provided that you understand what they are called and how to handle them. Each age â€“ time of those or other fears. How to have a better-behaved child. from birth to age ten. Dr. William Sears and Martha Sears, R.N. Edited by Caroline Deacon. Disciplineâ€™s Top Ten â€“ An Overview of This Book.

Chapter 2: Birth to One Year: Getting Connected. Martha and Matthew — How They Got Connected. Attachment Parenting â€“ The Key to Early Discipline. How Attachment Parenting Makes Discipline Easier. Children need age appropriate discipline. It is a simple fact of life and parenting. If you are at a loss for how to discipline your child, I hope to provide some helpful tips for what can work for your child. I have three kids and all three require different discipline approaches. No child is the same, nor will they respond to discipline the same as the next kid. They will develop a good sense of respect for authority figures when discipline is done correctly in the home with clear rules and consequences in place. This again means that it is not too harsh (i.e. screaming and yelling), does not involve abuse, and is never done when a parent is filled with anger or rage. The Good Behaviour Book: How to have a better-behaved child from birth to age ten Martha Sears. A Word About Discipline from Dr Bill and Martha. I: Promoting Desirable Behaviour. Chapter 1: Our Approach to Discipline. Styles of Discipline. Disciplineâ€™s Top Ten â€“ An Overview of This Book. Chapter 2: Birth to One Year: Getting Connected. Martha and Matthew â€“ How They Got Connected. Attachment Parenting â€“ The Key to Early Discipline. How Attachment Parenting Makes Discipline Easier. Ten Ways to Help Children Build Self-Confidence. Chapter 8: Helping Your Child Express Feelings. Feelings: Expressing or Bottling Up? How to Raise an Expressive Child. Chapter 9: Making Anger Work for You. Why Kids Get Angry.
We all want our children to behave well, but the word "discipline" has connotations of corporal punishment and Victorian family values. In fact, discipline is a positive and integral part of your whole relationship with your child. It cannot be pulled out and isolated from the rest of your family’s life and does not need to be punitive; in fact, we would argue that it should never involve physical punishment.

How to read this book depends upon your needs. If you are first-time parents with a new baby, this book is a recipe for discipline, a philosophy of child rearing, and for some even a guide for living. If you are already experiencing discipline problems, this is also a repair manual, a fix-it-yourself book. Parents, we want you to realize the rewards of investing in your child’s behaviour. Everything you need to know about discipline to raise a happy, well-adjusted, well-behaved child-from America’s foremost baby and childcare experts Disciplining Free Shipping on all orders over $10. The Discipline Book: Everything You Need to Know to Have a Better-Behaved Child from Birth to Age Ten by Martha Sears and William Sears. See Customer Reviews. Reading Comprehension Article 32 - How to Discipline Children’s Behavior. The answers to the following exercise will appear in the box at the bottom of the page when you click on "Submit Worksheet". Similar Readings: A book has just been published to help parents to deal with their children's naughty behavior at home. The author, Dr James Bruno, says that the first positive discipline technique is for parents to remain calm because nervous parents don't get good results. Finally, the most effective way of encouraging good behavior is to give positive feedback as often as possible, to show that it is not only naughtiness that attracts attention. 1. According to the article, when parents get angry too often